



  
Memorable  
Costa Rica™

# Central Valley

Tours & Activities 2023



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# Classic San Jose



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$66	\$28	\$69	\$52

Half Day Tour | Minimum 4 pax | Difficulty Level: Easy

- Includes:** Transportation, bilingual guide, entrance fee.
- What to bring:** Comfortable clothes, tennis shoes, sunscreen, camera.
- Children Rate Policies:** Rates for children apply from 3 to 10 years old. Children 0–2 years old pay US \$22 car seat charge fee.

At a time TBD, meet the Expediciones Tropicales guide and drive and start your city tour. This tour immerses you in the rich Costa Rican culture and history by experiencing the beautiful museums and historical sites of San Jose. It begins with an orientation and drive through the beautiful Sabana Park.

Next, we will take a walking tour through the historic National Theater. Afterwards you will visit one of the many unique museums of Costa Rica. You will continue heading to the University of Costa Rica, the Supreme Court and various sites of interest. A brief stop will be made in a beautiful art craft shopping store allowing you to browse through it before returning to your hotel and buy some souvenirs.

- Rates may not apply for Peak Season. Ask our team of experts.
- Rates are subject to change depending on the hotel location.
- Tours are tide and weather conditions dependent.
- Rates are subject to change without prior notification.
- Some tours require an specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.



# Pacuare River Class III-IV



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$107	\$107	\$112	\$112

Full Day Tour | Minimum N/A | Difficulty Level: Hard

- Includes:** Transportation, breakfast, equipment and lunch.
- What to bring:** Clothes to get wet in, change of clothes, secure shoes, towel, sunscreen.
- Children Rate Policies:** Available for children over 12 years old.

This trip gives you the ultimate blend of wilderness exposure and excitement. Rio Pacuare is world famous for its pristine beauty. Being a true river gorge it is flanked by steep green walls. Waterfalls cascade into the river from both sides as colorful, tropical birds fly over your head. The wildlife is abundant, with sloths, toucans, parrots, coatis, butterflies and colorful frogs being common sights.

The white water is equally exciting; the amount of rapids covered on this outstanding descent makes it a most memorable river trip. During the descent we will stop to enjoy a buffet style lunch at the most beautiful beach on the river. We finish in Siquirres at our own private Exploration Center, where you can take a shower, change, have a cold beverage, enjoy pictures of your trip and reflect with your new friends about the great adventure you just shared.

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# Coffee Tour Doka Station (Poas)



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$97	\$97	\$102	\$102

Half Day Tour | Minimum 2 pax | Difficulty Level: Easy

- Includes:** Transportation, entrance fee and bilingual guide.
- What to bring:** Hat, a light jacket, comfortable shoes, insect repellent, camera.
- Children Rate Policies:** Rates for children apply from 6 to 12 years old.

The tour begins in the seedbed. There you will observe and be explained the development process of the plant up to the point of recollection of the ripe grain. You will also learn about the history of the estate, its owners, the production and varieties of plants, the geography of the area and the traditional ways of cultivating the grain.

The second station is the oldest humid coffee processing plant, declared to be an Architectural Heritage for Humanity in 2003, that works by hydraulic power. In the receiver you can see the first classification of the grains, afterwards the process of de-pulping of first and second quality coffee takes place in the grinders. Next, the natural honey of the grain is cut in the fermentation tanks and a process is carried out that is significant to the taste of the coffee. The coffee that has been dried in the Guardiola or on the patios under the sun, is stored in the warehouse. This grain is ready to be peeled, and then exported or roasted in the country. Finally, the roasting plant Café Tres Generaciones is visited, where you will be explained and can observe the different types of roasts that are offered. Once the tour is over, a visit is made to the Doka Estate souvenir shop, where you can find the coffee packed in sealed bags. You can also find pieces omade by Costa Rican craftsmen.

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# Atlantic Rain Forest Aerial Tram



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$132	\$91	\$138	\$96

Full Day Tour | Minimum 2 pax | Difficulty Level: Easy

**Includes:** Transportation, bilingual guide and nature walk (Butterfly farm, herpetarium and orchid garden) and lunch.  
**What to bring:** Long pants, closed shoes (mandatory), insect repellent, sunscreen, rain coat, camera.  
**Children Rate Policies:** Rates for children apply from 3 to 12 years old.

Explore every level of the dense Costa Rican rainforest from the ground to the treetops.

Our unique Aerial Tram Tour lets you live first hand all the secrets the forest keeps while you fly above the treetops and experience magnificent views of the Braulio Carrillo National Park and our private reserve, an immersive nature experience as well as a glorious treetop flight over the Canopy of the Rainforest.

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# Irazu, Orosi & Lankaster Garden



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$123	\$92	\$128	\$96

Full Day Tour | Minimum 4 pax | Difficulty Level: Medium

- Includes:** Transportation, bilingual guide, entrance fee to Irazu Volcano Park & Lankaster Gardens and lunch.
- What to bring:** Comfortable clothes, hat, a light jacket, hiking or tennis shoes, insect repellent, raincoat, camera.
- Children Rate Policies:** Rates for children apply from 3 to 10 years old. Children 0-2 years old pay US \$22 car seat charge fee.
- Notes:** Monday and Tuesday not available.

This excursion is a combination of excursions to the Irazu Volcano National Park, Los Angeles Basilica, Orosi Valley and Hacienda Orosi Hot Springs. On this excursion you can observe the impressive volcano, visit sites of great historical and cultural value of the country and relax in the hot springs. We take the South Panamerican Highway, to start ascending the large “Irazu”. The winding road travels through fertile lands cultivated with all kinds of vegetables as we observe a lovely panoramic. On the top of the volcano you can observe the main craters and on a clear day Pacific Oceans and Caribbean Sea. As we descend to the city of Cartago we will stop at the Virgin of the Angels Basilica thar according to religious custom is a peregrination site for many believers. Surrounded by rainforest and lush vegetation, La Hacienda Orosi has been blessed by mother earth with nascent hypothermal mineral water. These rich springs of mineral hypothermal “telluric” waters (non-magmatic or volcanic ), are filtered between the layers of the earth and spring in the middle of the rainforest at more than 65 degrees Celsius. The minerals, salts and ions that compose this water enrich the skin tissues, stimulate the senses. Hacienda Orosi is a mystical land where the positive energy is perceived as you walk, tranquility as you breathe and peace as you enjoy of this place.

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# Canopy San Luis



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$132	\$99	\$138	\$103

Half Day Tour | Minimum 2 pax | Difficulty Level: Medium

- Includes:** Transportation, bilingual guide, equipment and lunch.
- What to bring:** Hiking shoes, comfortable clothes, jacket, sunscreen.
- Children Rate Policies:** Rates for children apply from 3 to 10 years old. Children 0-2 years old pay US \$22 car seat charge fee.

You will depart from the city towards the mountains that surround the Central Valley with a scenery of spectacular vegetation and extensive coffee plantations, ornamental plants, and picturesque traditional Costa Rica towns. As you ascend, you will enjoy the climatic changes of the country. Set into the placid cloud forests of Costa Rica’s Central Valley region, the San Luis canopy tour will take you on an exhilarating and safe adventure through lush, green canopy, and across the majestic Rio Cataratitas.

Carried securely by a system of zip lines, you will soar weightlessly through the expanse of virgin forest that grounds the tour and find yourself in intimacy with the habitats of Costa Rica’s distinct cloud forest wildlife. The San Luis canopy tour also presents the “Elevator”, a thrilling feature that securely lifts visitors high above the forest canopy granting a paramount view of the surrounding area. Though customer enjoyment is a central objective, San Luis canopy tour designates safety above all as a keystone principle: All personnel and facilities under their name carry up-to-date certification from the Costa Rica Institute of Tourism. San Luis canopy tour takes pride in their credentials and by them guarantees with confidence that this tour is among the most professional, informative, and enjoyable in Costa Rica. This canopy has 12 different zip lines and 18 platforms.

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# San Jose Bites & Sight



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$40	\$28	\$40	\$28

3 hours | Minimum 2 pax | Difficulty Level: Easy

- Includes:** Bilingual guide, food samples.
- What to bring:** Comfortable clothes and shoes, camera, and the best attitude!
- Children Rate Policies:** Rates for children apply from 8 to 11 years old. Available for children over 8 years old.
- Notes:** Transportation is **not included** but available for an extra fee.

Unmask the beauty and culture of contemporary Costa Rican life on this San Jose walking tour that takes you through the busy streets, bustling markets, and tranquil parks.

Discover a side to this city only heard from the mouths of locals, while indulging in typical cuisine and one of Costa Rica’s most delectable exports – coffee.

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# Coffee Experience Tour – Hacienda La Chimba



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$23	\$23	\$24	\$24

1.15 hours | Minimum 2 pax | Difficulty Level: Easy

- Includes:** Bilingual Tour Guide Coffee Sample.
- What to bring:** Comfortable clothes and shoes, sunscreen, hat, camera.
- Children Rate Policies:** Rates for children apply from 7 to 11 years old.
- Notes:** Transportation is **not included** but available for an extra fee.

The tour takes us to Costa Rica in the 1920s. Starting at La Casa de Chepita with a collection of photographs, furniture and other implements that were exclusively for daily use by the owners of the coffee farms. We continue along a paved path that takes us to the Puente de los Deseos, enjoying the beautiful gardens that surround our chapel which is inspired by the constructions of the 16th century. From there we will observe a replica of Our Lady of the Virgin of Los Angeles, adorned by our beautiful coffee plantations.

Arriving at El Barrio, where the workers of the coffee plantations lived, we will have a tasting of our delicious coffee Mi Momento. We will show you how a small coffee bean develops to a plant and also going through all its collection, beneficiation and roasting processes. Finally, we will visit our store La Boleta that has a great variety of 100% Costa Rican products.

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# Wine Experience and Valle de los Santos Landscape



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$220	\$165	\$230	\$173

N/A | Minimum N/A | Difficulty Level: N/A

**Includes:** Transportation, bilingual guide, lunch, tour and tasting with pairing (4 wines [Israel, CR and California]) and 2 ways of drinking Golden Rush, premium coffee tasting.

**What to bring:** Jacket, Camera, Hat or Cap, Binoculars, Comfortable walking shoes, Rain jacket.

**Children Rate Policies:** Rates for children apply from 3 to 10 years old.

**Notes:** Only Saturday.

We will visit the first and only commercial winery in Costa Rica and Central America, as well as the first and only liquor produced from the cape gooseberry fruit. It is located in Copey de Dota with an altitude of 2300 m.a.s.l. with a warm climate and high solar radiation which is a perfect combination to create incredible flavors. The project's owners have a broad experience in the beverage and wine industry and also own vineyards in Sonoma, California and in the Negev Desert in Israel, all of them catalogued as "Extreme Wines". Golden Rush liquor comes from Cape Gooseberry fruit, which is considered one of the healthiest superfruits in the world and has a rather distinctive and delicious taste. You will be able to see the plantation (taste the fruit), learn about the process of the liquor and taste it in two different presentations. Copey wine, -traditionally grapes grow in latitudes between 30 and 50 degrees in the Northern and South Hemisphere-, while in Costa Rica it is located in a tropical area between 8- and 11-degrees North latitude. For this reason and others, producing world-class wine has been a challenge. You can tour one of the plantations and learn about the process of white and red wine. Taste wines from Costa Rica, Israel and California.

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