



Puerto Viejo, Cahuita & Manzanillo

Tours & Activities 2023

Index

Indigenous Experience Tour - - - - -	3
Hiking & Snorkeling Tour Cahuita - - - - -	4
White Water Rafting Pacuare - - - - -	5
Punta Uva Sea & River Kayak with Hike - - - - -	6
Jaguar Rescue Center - - - - -	7

Indigenous Experience Tour



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$73	\$73	\$76	\$76

Half Day Tour | Minimum 2 pax | Difficulty Level: Easy

- Includes:** Transportation, bilingual guide, fruits, snacks and bottled water.
- What to bring:** Comfortable clothes and shoes, sunscreen, insect repellent, hat, camera.
- Children Rate Policies:** Rates for children apply from 5 to 11 years old.
- Notes:** Transportation may is **not included** from outside Puerto Viejo area but available for an extra fee.

After a morning pick up at your hotel in Puerto Viejo, the tour begins with a hike in the rainforest which will lead you to a waterfall. You will observe the tropical flora and have the opportunity to see red frogs and maybe other inhabitants while you relax and enjoy a refreshing swim in the natural pool. Then, you will visit a medicinal plants garden to learn about the indigenous natural treatments and healing powers of the plants, trees, roots, leafs, barks.

You will be hosted by the medicine man or medicine lady. Last but not least, you will meet a traditional Bribri family of five generations to learn about their way of life, their heritage and resources for farming, cooking, healing, building and hunting, using organic materials found in the surrounding forest.

- Rates may not apply for Peak Season. Ask our team of experts.
- Rates are subject to change depending on the hotel location.
- Tours are tide and weather conditions dependent.
- Rates are subject to change without prior notification.
- Some tours require an specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.

Hiking & Snorkeling Tour Cahuita



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$73	\$73	\$76	\$76

Full Day Tour | Minimum 2 pax | Difficulty Level: Easy

- Includes:** Transportation, bilingual guide, fruits, snacks and bottled water.
- What to bring:** Swimsuit, sunscreen, hat, long sleeve shirt/rash guard to cover your back, camera (ideally water proof), water bottle, change of clothes, towel, comfortable walking shoes, insect repellent, binoculars, raincoat, extra money.
- Children Rate Policies:** Rates for children apply from 5 to 11 years old.
- Notes:** Transportation may is **not included** from outside Puerto Viejo area but available for an extra fee.

Enjoy the snorkelling in the beautiful Caribbean waters of Costa Rica. Once snorkelling is concluded, enjoy the hike at the Cahuita National Park with a naturalist guides.

The guide will show you different trails and also Cahuita Point. Enjoy the various types of snakes, sloths and monkeys you will be able to observe while hiking.

- Rates may not apply for Peak Season. Ask our team of experts.
- Rates are subject to change depending on the hotel location.
- Tours are tide and weather conditions dependent.
- Rates are subject to change without prior notification.
- Some tours require an specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.



White Water Rafting Pacuare



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$122	N/A	\$128	N/A

Full Day Tour | Minimum 2 pax | Difficulty Level: Hard

- Includes:** Transportation, bilingual guide, equipment, breakfast and lunch.
- What to bring:** Clothes to get wet in, swimsuit, secure shoes (wet pair of sneakers, waterproof sandals) , sunscreen, small towel, dry clothes for after the trip.
- Children Rate Policies:** Available for children over 12 years old.
- Notes:** Transportation may is **not included** from outside Puerto Viejo area but available for an extra fee.

This trip gives you the ultimate blend of wilderness exposure and excitement. Rio Pacuare is world famous for its pristine beauty. Being a true river gorge it is flanked by steep green walls. Waterfalls cascade into the river from both sides as colorful, tropical birds fly over your head. The wildlife is abundant, with sloths, toucans, parrots, coatis, butterflies and colorful frogs being common sights.

The white water is equally exciting; the amount of rapids covered on this outstanding descend makes it a most memorable river trip. During the descent we will stop to enjoy a buffet style lunch at the most beautiful beach on the river. We finish in Siquirres at the private Exploration Center, where you can take a shower, change, have a cold beverage, enjoy pictures of your trip and reflect with your new friends about the great adventure you just shared.

- Rates may not apply for Peak Season. Ask our team of experts.
- Rates are subject to change depending on the hotel location.
- Tours are tide and weather conditions dependent.
- Rates are subject to change without prior notification.
- Some tours require an specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.

Punta Uva Sea & River Kayak with Hike



Dec 1, 2022 until Jun 30, 2023		Jul 1 until Nov 30, 2023	
Adult Rate	Child Rate	Adult Rate	Child Rate
\$159	\$159	\$167	\$167

Half Day Tour | Minimum 2 pax | Difficulty Level: Medium

- Includes:** Transportation, bilingual guide, fruits, snacks and bottled water.
- What to bring:** Swimsuit, sunscreen, hat, long sleeve shirt/rash guard to cover your back, camera (ideally water proof), water bottle, change of clothes, towel, comfortable walking shoes, insect repellent, binoculars, raincoat, extra money.
- Children Rate Policies:** Rates for children apply from 5 to 11 years old.
- Notes:** Transportation may is **not included** from outside Puerto Viejo area but available for an extra fee.

The tour is enjoyed at a remote location of the Caribbean of Costa Rica; this trip consists of a loop, paddling in and hiking out.

Kayak parallel to the coast, enjoying views of cliffs, caves, and the amazing rainforest.

- Rates may not apply for Peak Season. Ask our team of experts.
- Rates are subject to change depending on the hotel location.
- Tours are tide and weather conditions dependent.
- Rates are subject to change without prior notification.
- Some tours require an specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.

Jaguar Rescue Center



Half Day Tour | Minimum N/A | Difficulty Level: Easy

- Includes:** Bilingual guide and entrance fee.
- What to bring:** Comfortable shoes, camera.
- Children Rate Policies:** Children under 10 years old are free.
- Notes:** The Center is closed on Sunday. Children under 10 visit us for free. Please arrive 15 minutes before the tour begins to secure your spot.

The daily tours at the Jaguar Rescue Center are unlike any animal experience you’ve had before. They’re available in the morning sharing with other travelers OR in private basis in the afternoon. Even though there is no jaguar in this place, this 90-min visit will bring you in direct contact with monkeys, wild cats, sloths, anteaters and more. You’ll see monkeys in the trees, birds flying free, and the most venomous snakes in Costa Rica, house in terrariums imitating their natural habitat.

Guided by professionals and volunteers who have extensive training with these animals, you will know the stories behind each species, fun facts and learn things you could never imagine. This is a nice experience for everyone: kids and adults!

- Rates may not apply for Peak Season. Ask our team of experts.
- Rates are subject to change depending on the hotel location.
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- Rates are subject to change without prior notification.
- Some tours require an specific level of physical condition.
- Ask us about making your tour private.
- Rates in USD.



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