



COSTA RICA  
PURA VIDA!

  
Memorable  
Costa Rica™



# SAN JOSE

San Jose, the capital city of Costa Rica, is located in the Central Valley. Home to the economic, cultural and political centers of Costa Rica, it is also the most populated region in the country. This valley has more than a third of the country's entire population living in the area, which covers Alajuela, Heredia, San Jose, and Cartago.

The Central Valley is the most culturally exciting area in Costa Rica, with museums, art galleries, theaters as well as colonial structures spread evenly across the city.

In addition to harboring the only completely urban spaces in the country, it is also surrounded by natural beauties such as the volcanoes of Poas, Irazu, Turrialba, and Barva. They all have adjacent parks, reserves, or other cultural or adventure experiences.

## WHAT TO DO?

- Coffee tours
- Hiking
- Live theater
- Whitewater rafting
- Souvenir shopping
- Walking tours across the city

## NEARBY ATTRACTIONS

- Museums
- Poas Volcano National Park
- Irazú Volcano National Park
- Barva Volcano National Park

## OTHER FACTS

- Landscape: City, mountains, forest and coffee plantations around valley.
- Ideal for: City lovers, foodies, young crowds, cultural life.

## WEATHER WHEN TO VISIT

- Year-round (there is always something to do!).
- Average daytime temperature: 77° F (25° C).



# DOTA

Dota is set along the Talamanca mountain range and encompasses what was known as the Los Santos Forest Reserve.

The highlight of this area is of course the quetzal. This bird is renowned for being shy and evanescent, and it can be tricky to spot. Thanks to an abundance of fruit trees, it's easier to see them from February to April which matches to their mating season. Quetzals are quite striking, claimed by many to be one of the most beautiful birds. Its most spectacular feature is probably the elongated upper emerald green tail that covers the brilliant white tail underneath.

If you can't spot a quetzal, don't worry. Birdwatchers will not be disappointed as the park is also teeming with toucans, hummingbirds, tanagers, trogons and parrots. Mountains, lakes, cloud forest, rainforest, rivers and streams are all part of the landscape in this area.

## WHAT TO DO?

- Birdwatching
- Wildlife Watching
- Hiking

## NEARBY ATTRACTIONS

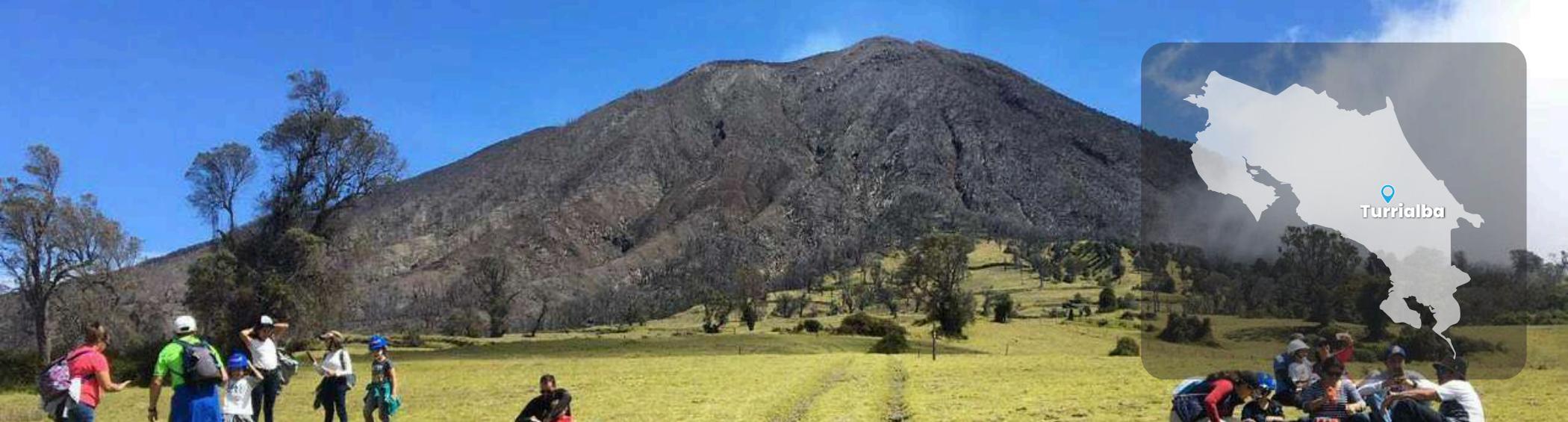
- Los Quetzales National Park

## OTHER FACTS

- Landscape: Cloud Forests & Highlands.
- Ideal for: Ornithologists, Hikers, Off-the-beaten path.

## WEATHER WHEN TO VISIT

- This is a region to visit year-round. However, the best time runs from January through April which matches with the Quetzal mating season. The climate is misty and humid.
- Average daytime temperature: 61-64° F (16-18° C).



# TURRIALBA

Turrialba is an attractive little town with stunning views of Costa Rica's rural countryside and the Central Valley. Turrialba is home to gorgeous coffee farms, macadamia plantations, and sugar cane fields.

This picturesque little town with charming streets and beautiful scenery is also famous for being one of Costa Rica's hot spots and base camps for whitewater rafting.

The Pacuare and Reventazon Rivers are close to town and guarantee a good rush of adrenaline! These rivers have a worldwide reputation and they are even used for training by top kayakers and white-water rafters.

## WHAT TO DO?

- Hiking
- Whitewater rafting
- Kayaking
- Horseback riding
- Nature & wildlife watching

## NEARBY ATTRACTIONS

- Pacuare River
- Reventazon River
- Irazu Volcano National Park
- Turrialba Volcano National Park
- Guayabo National Monument

## OTHER FACTS

- Landscape: Mountain & Rainforest.
- Ideal for: Adventure seekers and nature lovers.

## WEATHER WHEN TO VISIT

- Mid-November to mid-April.
- Average daytime temperature: 70°-86° F (21°-30° C).



# ARENAL

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The Arenal Volcano is in Costa Rica's lush interior northern lowlands. In a country known for its rainforest and natural beauty, the Arenal Volcano stands out for its breathtaking scenery and endless activities. The cone shaped volcano attracts visitors not only for the picture-perfect photo but for the flora, fauna and hot springs. The Arenal Volcano area is a paradise for naturalists and adventurers alike. Animals inhabiting the area include monkeys, sloths, deer, tapir, jaguars, coatis and snakes. Plant life is abundant and orchids, heliconias, ferns, laurel, palms, bromeliads and strangler figs can be seen while hiking.

The rugged terrain, rivers, and lake provide the stage for countless activities. Tours can be arranged so visitors can explore nature, experience the local culture, test their physical limits, or feel the rush of adrenaline. The Arenal Volcano is a great place to explore the beauty of Costa Rica's forests on foot, bike, or horse. For those who enjoy water sports, there are plenty of activities to choose from.

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## WHAT TO DO?

- Zip Lining (Canopy Tours)
- Whitewater rafting
- Hot Springs
- Lake Fishing
- Kayaking
- Horseback riding
- Hanging bridges
- Waterfall rappelling
- Coffee tour
- Safari float

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## NEARBY ATTRACTIONS

- La Fortuna Waterfall
- Arenal Volcano National Park
- Caño Negro National Wildlife Refuge
- Lake Arenal
- Venado Caves

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## OTHER FACTS

- Landscape: Volcano & Rainforest.
- Ideal for: Adventure seekers, nature lovers, spa & relaxation, cultural life.

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## WEATHER WHEN TO VISIT

- The climate at the Arenal Volcano varies. It's the rainforest so a quick shower could happen anytime so light rain gear is recommended throughout the year. However, it tends to be drier February through April. Likewise, from Sept to November – it's a great time to see the volcano with clear skies!
- Temperatures range from 70°-86° F (21°-30° C) so it best to dress in light layers.



# MONTEVERDE

Monteverde is one of the country's major ecotourism destinations. The area is home to the Monteverde Cloud Forest Reserve and numerous other reserves, which draw considerable numbers of naturalists.

What is now considered Monteverde was founded by Quakers from the United States whose pacifist values led them to defy the American draft during the Korean War and venture to Costa Rica for its non-violent, army-free constitution. The majority of the group hailed from Fairhope, Alabama and they chose Monteverde for its cool climate, which would facilitate dairy farming.

If you have not had your fill of birds, snakes, bugs, amphibians, butterflies, and bats, you might want to add Monteverde to your visit in Costa Rica. You can also enjoy a stunning variety of orchids growing in the wilderness.

Did you know that Monteverde is where zip lining originally started being a tourist attraction? Thrill seekers will love the zip lining!

## WHAT TO DO?

- Hiking
- Bird & Wildlife Watching
- Zip Lining (Canopy Tours)
- Horse Back Riding
- Hanging Bridges
- Coffee Tour

## NEARBY ATTRACTIONS

- Monteverde Biological Reserve
- Santa Elena Biological Reserve
- Children's Eternal Rainforest

## OTHER FACTS

- Landscape: Mountains & Cloud Forest.
- Ideal for: Naturalists, Hikers, Adventure Seekers, Nature Lovers.

## WEATHER WHEN TO VISIT

- The best time to visit Monteverde is from December to May, when there is less precipitation. Monteverde is misty and windy year-round due to its location within a cloud forest. The mountaintop reserves and the twin towns below them are often enveloped in a hybrid of wind, mist and fog, which forms when warm air blows in from the ocean and rises up to the summits of the mountains. You will need a light jacket when visiting this area.
- Average daytime temperature: 61-64° F (16-18° C).



# PAPAGAYO

There's a lot to love about exclusive and secluded Papagayo, but the region's brilliant sunsets are what will live on in your mind's eye. They are spectacular! From your oceanside hotel, the view stretches for miles in all directions. Below, a long crescent of gold-flecked sands curve around the protected bay. Papagayo is a beach town unlike any other; in fact, it's not a town at all! The area is named for the stunning gulf that borders the beach, but there is no official town. (For gridded streets, shops, and other services, head south to Hermosa and Coco beaches.) The result is "developed seclusion" – a Papagayo of many amenities, in a tranquil natural setting. It is this unique blend of tourism and nature that makes Papagayo such an excellent destination. The region's favored location, balanced between the pristine ocean and protected forests, lays out a daily buffet of options – your only task is to choose what and when! The ocean is perhaps the area's biggest draw, offering everything from rigorous sea kayaking to some of the region's best scuba diving. Papagayo is also a popular choice for honeymooners, thanks to its secluded setting and romantic activities, like couple's spa services, romantic dinners on the beach, and evening sunset sails.

## WHAT TO DO?

- Bird & wildlife watching
- Sailing
- Kayaking
- Scuba diving & snorkeling
- Sportfishing
- Horseback riding
- Hiking

## NEARBY ATTRACTIONS

- Beaches
- Quaint towns
- Rincon de la Vieja Volcano
- Palo Verde National Park
- Santa Rosa National Park

## OTHER FACTS

- Landscape: Beach & tropical dry forest.
- Ideal for: Beach goers, deluxe travel, all-inclusive followers, golf & spa.

## WEATHER WHEN TO VISIT

- The North Pacific is a great location for travel year-round. It is sunny, hot and dry from December thru April. May is the beginning of the transitional season in Costa Rica which lasts until August. This means that the weather patterns follow very beautiful sunny mornings and early afternoons followed by an afternoon shower and a clear beautiful evening. Many travelers tend to prefer the transitional months because of the lush, green landscape of the country. From Sept to November the amount of rainfall increases slightly.
- Average daytime temperature: 75°-92° F (23°-33° C).



# CONCHAL, TAMARINDO & FLAMINGO

**CONCHAL** gets its name from the Spanish word for shell: “concha”. Billions of shells have washed up and are repeatedly softened by the ocean until they are crushed into tiny vibrant sand – truly making this a unique beach. The turquoise waters and calm break are great for all travelers – be sure to snorkel in the crystal waters! This is a top destination for those seeking a calmer, lighter sand beach. Conchal is more of a beach destination than a town. Although only a short 20-minute drive to the larger surfing town of Tamarindo, Conchal does have a more remote feeling. You’re separated from the hustle and bustle of the local towns and can often be the only individual walking certain stretches.

**FLAMINGO** is simply irresistibly beautiful with its bright sand and turquoise water. It is also the only marina giving full service on the Central American Pacific Coast. Flamingo is a beach that provides nearly a mile-long stretch of incredible beauty. This curved bay is scattered with small buttonwood trees, which provide some shade to beach goers. Due to the crescent shape, visitors can enjoy views of the adjoining coastlines and connecting beach areas.

**TAMARINDO** is known worldwide as being among the best for surfing and active beachgoers. Combine this with the golden colour sand, amazing sunsets, and upbeat ambiance, and then you realize Tamarindo is perfect for travellers of all walks of life. Just north of the beach is the Tamarindo Wildlife Refuge. It consists of many mangroves and is home to howler monkeys, sloths, tropical birds, and crocodiles. If you choose to visit Tamarindo, you will be in the mix of all that is going on but also can get out and explore the natural side of Costa Rica with ease.



# CONCHAL, TAMARINDO & FLAMINGO

## WHAT TO DO?

- Bird & Wildlife Watching
- Ocean Kayaking and Paddle Boarding
- Hiking or Mountain Biking
- Scuba Diving or Snorkeling
- Surfing Nearby Beaches
- Mangrove or River Boat or Kayak Tours
- Horseback Riding
- Golfing
- Deep Sea Fishing
- Swimming

## NEARBY ATTRACTIONS

- Rincon de la Vieja National Park
- Palo Verde National Park
- Barra Honda National Park
- Catalina Islands
- Sailboat Sunset Tours
- Las Baulas Marine National Park for leatherback turtles September through April
- Tamarindo Wildlife Refuge

## OTHER FACTS

- Landscape: Beach & Dry Tropical Forest.
- Ideal for: Beach Lovers, All-Inclusive Followers, Golf & Spa, Fishermen, wildlife and nature lovers, young crowds.

## WEATHER WHEN TO VISIT

- The North Pacific is a great location for travel year-round. It is sunny, hot and dry from December thru April. May is the beginning of the transitional season in Costa Rica which lasts until August. This means that the weather patterns follow very beautiful sunny mornings and early afternoons followed by an afternoon shower and a clear beautiful evening. Many travelers tend to prefer the transitional months because of the lush, green landscape of the country. From Sept to November the amount of rainfall increases slightly.
- Average daytime temperature: 75°-92° F (23°-33° C).



# NOSARA & SAMARA

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**NOSARA** has a motto: No shoes, no shirt, Nosara. That pretty much sums it up. This Pacific beach town is best known for its roaring surf and relaxed vibe. The strong sun, dark sands, dusty roads, and chill beach bars help round out the image of this steadfast surfer town. However, Nosara is about more than remarkable waves: the laid-back town is a haven for yoga retreats, wildlife watching, and thrilling adventures. From howlers hooting in the trees to hermit crabs scuttling across the beach, exotic animals seem to inhabit every corner of this beach town.

Nosara's most life-affirming and incredible wildlife experience lies five miles north at Ostional Wildlife Refuge. Here, endangered Olive Ridley sea turtles come ashore by the thousands to lay their eggs. This incredible phenomenon, known as an arribada, occurs periodically over several months; call ahead to schedule your visit during a forecasted arribada!.

**SAMARA** is in the Nicoya Peninsula on the Pacific Coast of Costa Rica at the Guanacaste province. Samara Beach is a beautiful beach, surroundings by a lot of coconut trees, and wild nature that provides a pleasant atmosphere and extraordinary landscapes.

This beach is well known to be pretty and safe, a perfect destination for a quiet holiday!.



# NOSARA & SAMARA

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## WHAT TO DO?

- Yoga retreats
- Dining-out
- Hiking
- Cycling
- Turtle nesting tours
- Surfing
- Horseback riding
- Surf lessons

## NEARBY ATTRACTIONS

- Beaches
- Turtle watching tour at Ostional Biological Reserve
- Nosara Wildlife Rescue Center
- Stand Up Paddle and Snorkeling
- Ocean Kayak & Snorkeling at Chora Island
- Horseback Riding at Barrigona Beach

## OTHER FACTS

- Landscape: Beach.
- Ideal for: Beach beach goers, young crowds, surfers & yogis, barefoot luxury, laid-back attitude.

## WEATHER WHEN TO VISIT

- This is a region to visit year-round, yet the best time runs from January through April when it's hot and sunny. May-August is a transitional time with scattered showers towards the evening. The remainder of the year tends to have more showers in the afternoons.
- Average daytime temperature: 71-90° F (22-32° C).



# MAL PAIS & SANTA TERESA

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**MAL PAIS & SANTA TERESA** are small coastal towns that lie at the southeastern tip of the Nicoya Peninsula. With rocky coves, seductive swells and surfing opportunities day and night, these beachfront villages offer a haven for surfers and beach bodies.

In the past several years, Malpais & Santa Teresa have preserved its serene atmosphere, even while nearby villages have become more commercialized.

If you're keen on avoiding big crowds, this is the perfect place to get away.

Let us put it like this: if Papagayo/Tamarindo areas were the Cancun of Costa Rica, this area of the Nicoya Peninsula would be the new Tulum.

Great weather all year-round makes this region among Costa Rica's unspoken gems for vacation destinations.

Usually uncrowded, the area mixes natural beauty with plenty of luxury and affordable accommodations, bars and restaurants dotting the coast.

In the last several years, these laid-back towns have blossomed into a quiet but still booming travel destination.



# MAL PAIS & SANTA TERESA

## WHAT TO DO?

- Fishing
- Diving
- Surfing
- Horseback Riding
- Hiking
- Zipline
- Yoga

## OTHER FACTS

- Landscape: Beach.
- Ideal for: Beach goers, young crowds, laid-back attitude, surfers & yogis, barefoot luxury.

## NEARBY ATTRACTIONS

- Cabo Blanco Absolute Reserve
- Quaint towns
- Beaches & waterfalls

## WEATHER WHEN TO VISIT

- This is a region to visit year-round, yet the best time runs from January through April when it's hot and sunny. May-August is a transitional time with scattered showers towards the evening. The remainder of the year tends to have more showers in the afternoons.
- Average daytime temperature: 71-90° F (22-32° C).



# JACO & HERMOSA

Jaco might be the most popular beach in Costa Rica with both locals and tourists finding it to be the perfect weekend getaway.

The town of Jaco is known for its party like atmosphere. However, the Jaco region can also accommodate people in search of a more relaxed time by offering warm beaches and isolated areas ideal for fishing and kayaking. The beach extends for over two miles and is mostly blessed with warm temperatures. Jaco can get quite humid depending on the time of the year but the ocean water always remains refreshing, making it an affable spot for surfing.

Jaco neighbors the bay of Herradura as well as the popular Playa Hermosa - home to a widely known surfing contest that takes place each year and attracts contestants from all over the world.

Jaco is notorious for its sportfishing, given that its seas are home to various fish species. Jaco offers all kinds of accommodations but is known for its luxurious private condos and villas.

## WHAT TO DO?

- Hiking
- Surfing
- Golf
- Sportfishing
- Paddle Boarding
- Ziplining
- Horseback riding

## NEARBY ATTRACTIONS

- Carara National Park
- Tarcoles River

## OTHER FACTS

- Landscape: Beach & Transitional Tropical Rainforest.
- Ideal for: Beach Goers, Young Crowds, Fishermen, Surfers.

## WEATHER WHEN TO VISIT

- This is a region to visit year-round, yet the best time runs from January through April. May-June is a transitional time with scattered showers end of the day. July-August there's a short Indian summer.
- Average daytime temperature: 71°-90° F (22°-32° C).



# MANUEL ANTONIO

Manuel Antonio is the Central Pacific's go-to destination for all things outdoors: nature hikes, snorkeling, wildlife watching, extreme adventures, and many more tours and activities. Manuel Antonio National Park is idyllic and postcard-perfect with emerald rainforests that spill onto fine sands that wash into turquoise ocean. Manuel Antonio is known for its spectacular natural beauty and Manuel Antonio National Park consistently ranks as one of the country's most visited. Manuel Antonio is also one of Costa Rica's hottest and friendliest destinations for LGBT travelers.

Hotels, restaurants and points of interest blaze a trail from the Pacific Ocean four miles north to downtown Quepos. As the winding road climbs to nearly 100 feet above sea level, find many upscale hotels and restaurants with spectacular, panoramic ocean views. Gorgeous scenery is Manuel Antonio's main claim to fame. The area's spectacular beaches—and there are more than half a dozen of them—hug the serpentine coastline, creating quiet nooks and natural swimming pools.

## WHAT TO DO?

- Bird & Wildlife Watching
- Ziplining
- Ocean Kayaking
- Snorkeling & Diving
- Surfing
- Hiking
- Spice Plantation Tours
- Mangrove Boat Tours

## NEARBY ATTRACTIONS

- Manuel Antonio National Park
- Damas Island Estuary
- Beaches, including Espadilla, Biesanz, and Gemelas
- Waterfalls, including Culebra, Matapalo, and Tocori

## OTHER FACTS

- Landscape: Beach & Rainforest.
- Ideal for: Adventure Seekers, Nature Lovers, LGBT Travel, Authentic Costa Rican Beach Experience.

## WEATHER WHEN TO VISIT

- This is a region to visit year-round, yet the best time runs from January through April. May-June is a transitional time with scattered showers end of the day. July-August there's a short Indian summer. During August and September, you can see whales heading to the south.
- Average daytime temperature: 70°-90° F (21°-32° C).



# CORCOVADO

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Corcovado is a true wonder of the world; a magical place in the southern part of the Pacific coast of Costa Rica on the Osa Peninsula. It is one of the most biologically diverse places on Earth.

Those who seek close and unique contact with nature will love this haven that is home to the only tropical primary lowland rainforest in the world and to the plethora of endangered animals and plants that call it home.

It is one of the most remote parks of the country with astonishing forests and stunning, deserted beaches. It is today a number one destination for adventure seekers and those who appreciate natural beauty and conservation.

Hiking is the best way of exploring its mysterious and magnificent rainforests that open on to stunning white-sanded beaches and turquoise blue sea.

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## WHAT TO DO?

- Hiking
- Snorkeling
- Diving

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## NEARBY ATTRACTIONS

- Caño Island Biological Reserve
- Osa Wildlife Sanctuary
- Corcovado National Park

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## OTHER FACTS

- Landscape: Beach & Lowland Rainforest.
- Ideal for: Nature Lovers, Explorers, Hikers, Scientists, Off-the-beaten path.

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## WEATHER WHEN TO VISIT

- The best time to visit is dry season, which runs from December through April when there is little or no rainfall and reliable sunny weather. From May through August/September afternoon showers are common. October and November will experience more showers and some lodges are closed for renovations.
- Average daytime temperature: 71°-93° F (23°-34° C).



# OSA PENINSULA

The Osa Peninsula is one of the most beautiful and interesting areas, not just in Costa Rica, but in the world. Described by National Geographic as one of the most “biologically intense” places on Earth, the remote Osa Peninsula is home to the Corcovado National Park. This main attraction is home to various species of birds, mammals, amphibians, reptiles and over 500 species of trees.

More than half of all of Costa Rica’s animal species live in the Osa Peninsula. The park is open to the public and is home to some of the most fascinating creatures on earth including scarlet macaws, bull sharks, jaguars and tapirs.

The Osa’s unique biodiversity is made up of eight different habitats including a cloud forest and the largest, most exuberant lowland wet tropical forest remaining in all of Pacific Central America.

This area is a nature lover’s paradise with luxury eco-lodges that offer comfort and sustainability.

## WHAT TO DO?

- Whales & Dolphin Watching
- Rainforest Hiking
- Scuba Diving & Snorkeling
- Mangrove Kayaking
- Sportfishing
- Nature & Wildlife Watching

## NEARBY ATTRACTIONS

- Golfito Wildlife Refuge
- Piedras Blancas National Park
- Osa Wildlife Sanctuary
- Playa Pavones
- Caño Island Biological Reserve
- Corcovado National Park
- Cabo Matapalo
- Golfo Dulce
- San Pedrillo Waterfalls

## OTHER FACTS

- Landscape: Beach & Lowland Rainforest.
- Ideal for: Nature Lovers, Explorers, Hikers, Scientists, Off-the-beaten path.

## WEATHER WHEN TO VISIT

- The Osa Peninsula is green year-round. Travel is best from December through April when daytime temperatures are usually in the 90’s with little to no rain. Green season starts in mid-May to early June in the form of light afternoon showers or heavier storms at night. This weather pattern continues until September with October being the wettest month.



# TORTUGUERO

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Tortuguero is the “little Amazon region” in Central America.

Surrounded by canals, the only way to reach the area is by plane or by boat.

It is the best option to be within the rainforest completely surrounded by nature.

Most lodges have no TV or A/C and they sell package experiences that come with transportation, 3 meals per day, lodging and a boat tour into the Tortuguero National Park.

During the turtle season, one can hire a local guide for a night walk to see the turtles laying their eggs or the new-born hatchlings making their way to the ocean.

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## WHAT TO DO?

- Boat Tours Into The Canals
- Turtle Nesting Season (from July – November)
- Hiking
- Wildlife Watching

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## NEARBY ATTRACTIONS

- Tortuguero National Park
- Quaint town of Tortuguero
- Chocolate Tour at Casa Cecropia

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## OTHER FACTS

- Landscape: Water canals, jungle, Caribbean shore.
- Ideal for: Nature lovers, turtle watching, laid-back attitude, lightly active people that want to see wildlife and experience some local culture.

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## WEATHER WHEN TO VISIT

- The best time to visit the Tortuguero is July to November to watch the turtle nesting. It also matches to the best weather patterns when it is hot, sunny and humid.
- Average daytime temperature: 68°-86° F (20°-30° C).



# PUERTO VIEJO

Puerto Viejo, Limon, is a small coastal town on the Caribbean Sea surrounded by the lush tropical rainforest, gorgeous light sand beaches, and a huge array of different wildlife.

With a mixture of Afro Caribbean, Bri Bri Indigenous, Ticos, Americans, and Europeans alike, Puerto Viejo offers a diverse and multicultural vibe.

Famous for its 'Go Slow' attitude, you won't find a more laid-back town in Costa Rica.

Puerto Viejo is not for everyone. You won't find any golf courses, marinas or country clubs, and only a handful of hotels offer amenities like swimming pools or air conditioning.

Puerto Viejo is more suited for the down-to-earth traveler looking for a no-frills, authentic experience.

## WHAT TO DO?

- Surfing
- Wildlife Watching
- Scuba Diving & Snorkeling
- Hiking
- Cycling
- Indigenous & Chocolate Tours

## NEARBY ATTRACTIONS

- Cahuita National Park
- Gandoca – Manzanillo Wildlife Refuge
- Bribri Indigenous Reserve
- Bocas del Toro, in Panama

## OTHER FACTS

- Landscape: Beach & Jungle.
- Ideal for: Beach Goers, Young Crowds, Laid-back Attitude, Those looking for a more authentic Costa Rican beach experience.

## WEATHER WHEN TO VISIT

- The best time to visit the Caribbean Coast is from August to November. No hurricane season here. It's the time of the year when it's hot, sunny and humid.
- Average daytime temperature: 74°-84° F (24°-29° C).



## COSTA RICA TOP EXPERIENCE COLLECTION

# 1. WHITE-WATER RAFTING IN PACUARE RIVER

This is what I'd like to call the "ultimate rainforest experience".

This is a lodge located on the riverbanks of one of the top ten best rivers to go white-water rafting in the world. No kidding... The Pacuare River.

Best way to get in/out? Correct: by going white-water rafting.

Meals are included, and there are also other adventure activities available.

Great place for honeymooners and families looking for something unique, different and out-of-the-bubble type of experience in Costa Rica.

**Best Time to Visit:** Year round.





## COSTA RICA TOP EXPERIENCE COLLECTION

### 2. SURFING LESSONS

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Costa Rica is famous around the world as one of the top destinations for surfing.

Year-round warm water and consistent waves make it a draw for people seeking all manner of Costa Rica surf vacations.

No matter what kind of board you like to ride, what wave you like to surf or what level your skills are at, Costa Rica delivers and we can create a surfing vacation to match.

Really disconnect with a visit to one of Costa Rica's most beautiful beaches for days of surf, sun and sand.

Learn how to surf or polish your technique on custom vacation.

**Best Time to Visit:** Year round.



## COSTA RICA TOP EXPERIENCE COLLECTION

### 3. CANYONING WATERFALL RAPPELLING

A quintessential Costa Rican experience!

Enjoy one of the most popular adrenaline-filled adventures in the rainforest.

You will learn rappelling and down-climbing techniques while spotting monkeys, sloths, and tropical birds along your way while you hike between each rappel point.

**Best Time to Visit:** Year round.





## COSTA RICA TOP EXPERIENCE COLLECTION

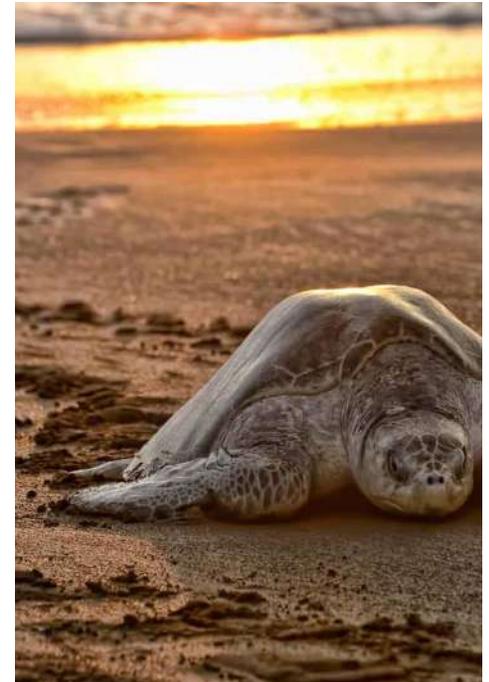
### 4. TURTLE NESTING AND HATCHING SEASON

Sea turtle nesting is one of Costa Rica's most incredible experiences; truly, those who have observed it in person describe it as emotional, moving, and even transcendental.

Five species and one subspecies of sea turtle live and nest in Costa Rica: leatherbacks, hawksbills, loggerheads, Olive Ridleys, green sea turtles, and black sea turtles.

And they can be spotted year-round, each with its own season and preferred nesting grounds.

**Best Time to Visit:** Green Sea Turtle can be seen from late July until November on the north Caribbean coast.





## COSTA RICA TOP EXPERIENCE COLLECTION

### 5. WHALES WATCHING SEASON

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Manuel Antonio and Quepos are an excellent jumping-off point for whale and dolphin watching.

Here, the crystalline Pacific is home to migrating humpback whales, as well as spotted, common, spinner, and bottlenose dolphins.

The most spectacular Central Pacific whale watching, however, is located just south of Dominical in Ballena National Marine Park.

**Best Time to Visit:** Most species present year-round; humpback whale migration August – October and December – April.





## COSTA RICA TOP EXPERIENCE COLLECTION

### 6. SLOTHS IN THE WILD

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Take an easy stroll through the rainforest of a private reserve while seizing the opportunity to spot sloths.

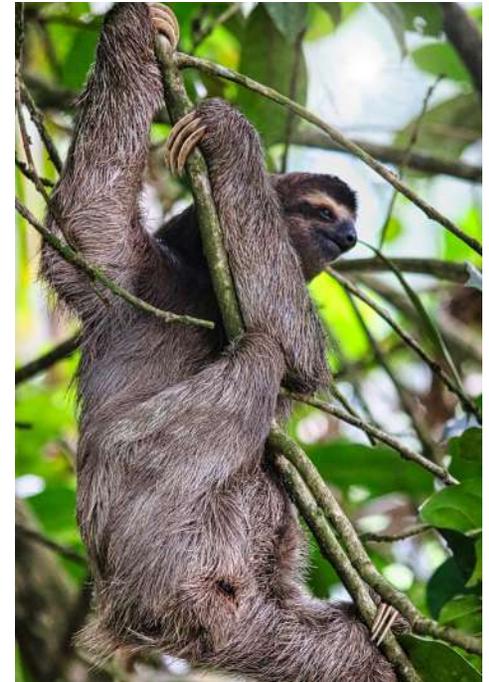
One of Costa Rica's most iconic creatures is the sloth, and most visitors want the chance to spot one in the wild.

Costa Rica has two species of sloth: the two-toed, known for the black spots in its eyes, and the three-toed, which has a pink snout.

They can be found curled in a ball while they sleep or hanging from branches as they feed. If you're lucky, you can catch them in action!

Be ready to snap a picture and try to find as many as you can.

**Best Time to Visit:** Year round.



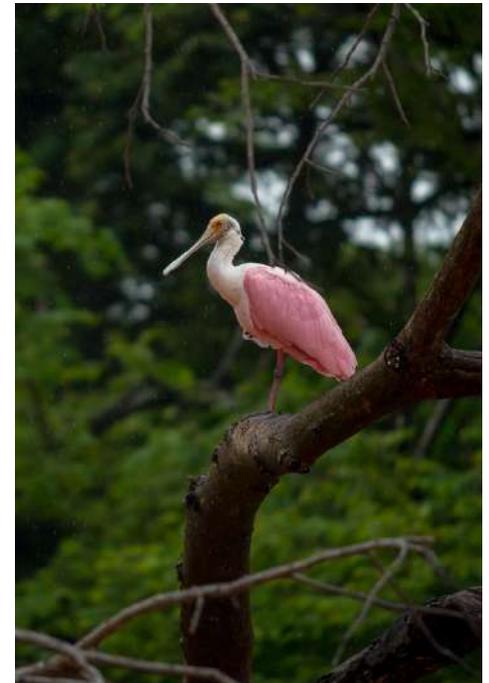


## 7. BIRDWATCHING IN PALO VERDE NATIONAL PARK

Palo Verde National Park sits at the estuary of the Rio Tempisque, making it a haven for many species of bird.

Birdwatchers come from all over the world to see species such as the boat-billed heron in its natural habitat, and during the rainy season, the park becomes home to more than a quarter of a million birds including migratory waterfowl from North America.

**Best Time to Visit:** December - June.





## COSTA RICA TOP EXPERIENCE COLLECTION

### 8. CORCOVADO NATIONAL PARK

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Corcovado National Park has no fewer than 13 major ecosystems, including beaches, fresh water herbaceous swamps, primary lowland rainforests, mangrove swamps, jolillo palm groves, streams, and lagoons.

It is home to jaguars, pumas, ocelots, and other indigenous cats, as well as tapirs, monkeys, scarlet macaws, toucans, resplendent quetzals, red-eyed tree frogs, Poison Arrow frogs, sea turtles, crocodiles—indeed far too many animals to list!

It is also home to the very rare Harbor Squirrel monkey and to the Harpy eagle.

**Best Time to Visit:** January - April.





## COSTA RICA TOP EXPERIENCE COLLECTION

### 9. COOK LIKE A COSTA RICAN

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Foodies will love picking their own organic veggies and herbs to prepare Costa Rica's hearty traditional dishes with our Chef.

Learning about your destination's homespun culinary favorites is one of the best ways to connect with its culture and traditions.

**Best Time to Visit:** Year round.





## COSTA RICA TOP EXPERIENCE COLLECTION

# 10. COFFEE TOUR

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Embrace Costa Rica's coffee excellence!

An interactive session to savor this invigorating beverage.

Learn from its history, social impact, varieties, and diverse brewing methods.

Visit the coffee plantation, the mills and sample premium organic coffee.

**Best Time to Visit:** Year round.





## COSTA RICA TOP EXPERIENCE COLLECTION

# 11. ZIPLINING THE FOREST CANOPY

Adrenaline and fun await you in this tour. Slide across platforms in the forest and swing into an abyss.

As you zip from platform to platform and soar over the leafy treetops, you will be amazed by the new perspective of the nature wonders.

Speeds can reach up to 37 miles/hour, and some of the zip lines extend to 2460 ft in length.

Don't forget to give your guide a phone or camera, as there's also plenty of opportunity to pose for photos.

Stop mid air and let the guide take pics of you defying gravity among the trees.

**Best Time to Visit:** Year round.





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COSTA RICA  
PURA VIDA!

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